



## City of Tempe Dance Classes

Adult dance classes \$35 for an 8 week session  
Edna Vihel Center for the Arts, 3340 South Rural Road, Tempe



### MONDAY CLASSES

#### **Ballroom Dance: 7 - 8:15 pm**

Think you can't dance? Think again. Our instinct tells us to express rhythm; just as children bob their heads to music and senior citizens tap their canes to the beat, dancing comes naturally to everyone. In this class, you'll learn the basic elements on which all dance patterns are based. Don't put it off any longer - walk into class and leave the classroom as a ballroom dancer.

#### **Ballroom Dance - Advanced: 6 - 6:55 pm**

Let us help you to put your best foot forward in this continuing class that will work on refining your technique and style, while learning more advanced moves. You will leave this program invigorated with a sense of accomplishment, and most importantly, a smile on your face.

#### **Wedding and Anniversary Survival 101: 8:15 - 9:15 pm**

A two-part crash course for brides and grooms, members of a wedding party or anyone headed for a special event. The first four weeks will focus on the special event; the remaining weeks of the class will focus on making Social Dance look good and feel comfortable. Bring a CD of your special song for practice. Register with a partner.

### THURSDAY CLASSES

#### **Ballroom Boot Camp: 5 - 6 pm**

For the experienced dancer to enhance their skills to move with elegance, grace and style. Class will focus on several dance styles. Youth who have completed Mad Hot Ballroom may be eligible to register with instructor and coordinator approval.

#### **Singles' and Couples' Dance Combo: 7:30 - 9 pm**

Taking the first step can be difficult, so take this opportunity to interact with others through dance in a comfortable environment. Whether you are after a fun form of exercise or an addictive form of stress relief, this is the class for you. Learn a little of everything; Salsa/Mambo, Merengue, Hustle, Tango, and more!

#### **Swing Dance: 6 - 7:30 pm**

Learn the basics of Swing to up-tempo music; you will have a swinging-good time as you learn timing, transitions and rhythm changes. Not just one single dance, the term "Swing Dancing" refers to a family of dances. Call it Jive, Jitterbug or East and West Coast; whatever you call it, it don't mean a thing if it ain't got that swing!

#### **For kids - Mad Hot Ballroom! 4 - 5 pm**

A class where the beginning dancer can learn it all, and the more experienced dancer may continue learning. Class includes Tango, Merengue, Foxtrot, Waltz and more. \$25. 6-13 yrs.

Spring 2011 Session begins the week of March 21, see [www.tempe.gov/brochure](http://www.tempe.gov/brochure) for more information and online registration